



A Women's Leadership Organization

Junior League of Cedar Rapids  
2100 First Avenue NE  
Cedar Rapids, IA 52402  
[www.juniorleaguecr.org](http://www.juniorleaguecr.org)

## News Release

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[Thursday, March 13, 2008]

**FOR IMMEDIATE RELEASE**

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### **KIRKWOOD WINS 2<sup>ND</sup> ANNUAL IRON CHEF COMPETITION**

CEDAR RAPIDS, IA – Kirkwood College Culinary Department can now boast as being the area's Iron Chef. Local chefs from Zins, Daniel Arthur's, Vino's, and Kirkwood competed for the coveted title of "Iron Chef" as Junior League of Cedar Rapids (JLCR) held its second annual competition on Wednesday, March 12 at the Kirkwood College Culinary Department. For two years running this event has taken place before a sold-out crowd!

As the competition began, the chefs were told of a surprise ingredient, which was wjote chocolate. The chefs then faced off in a frenetic, culinary battle against each other and the clock. The judges, Ian Cummings, Anne Kapler, Tony Aguiar, Mark Dunn, and Ron Hall, presented the "Iron Chef" award to Kirkwood. The Iron Chef Secret Ingredient Champion was Vino's. Beckett's Public House won the People's Choice Award. Other People's Choice contestants included chefs from Marriott and CR Chophouse.

In addition to watching Chefs transform the surprise ingredient into an award winning delicacy, guests enjoyed hors d'oeuvres, a beer tasting by Dale Lee Distributing, a wine tasting by First Avenue Wine House and The Secret Cellar, and live music by guitarists Adam Beck and Mark Moss. All attendees received a free cookbook and great door prizes were awarded throughout the night.

JLCR is proud to have partnered with the following event sponsors: Mix 96.5; House of Carpets; Kristen Trovas at Merrill Lynch; Office Express; Guaranty Bank; Good Year; Iowa Pork Producers; Innovative Aesthetics at Linn County OBGYN; Cedar Rapids Bank & Trust; NE Family Dentistry; Carousel Nissan; Hawkeye Foods; Mike Gary at Principal; Salon Neil Bouderaux; AB Transport; First Avenue Wine House; Secret Cellar; Cake Buzz; Dale Lee Distributing; Pratt Audio and Video; and Coca-Cola Bottling.

Funds raised at the second annual Iron Chef will help fund JLCR projects such as the upcoming Habitat for Humanity women-led build, and help JLCR fulfill its mission. For more information, please contact the Junior League of Cedar Rapids at (319) 364-7892 or visit the website at [www.juniorleaguecr.org](http://www.juniorleaguecr.org).

Founded in 1934, the Junior League of Cedar Rapids is an organization of women committed to promoting volunteerism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. For more information, please visit [www.juniorleaguecr.org](http://www.juniorleaguecr.org)

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